

Post-Workshop Report

Workshop on Counselling

INTERNATIONAL NETWORKING ON CHRISTIAN HIGHER EDUCATION

September 08-10, 2022 at CMC, Vellore



Dr. N. Nirmal Magadalenal

Assistant Professor

Department of Zoology

Voorhees College

Vellore - 632 001



AN
15/09/22

PRINCIPAL IN-CHARGE
VOORHEES COLLEGE
VELLORE - 632 001.

Post-Workshop Report

Workshop on Counselling

INTERNATIONAL NETWORKING ON CHRISTIAN HIGHER EDUCATION

September 08-10, 2022 at CMC, Vellore

I would like to thank the management for giving me the opportunity to attend the Counselling Workshop organized by the International Networking for Christian Higher Education during 8-10 September, 2022 at CMC, Bagayam, Vellore. It was a very enriching experience for me to attend the workshop, and also it was a great opportunity for me to meet and interact with the faculty from 7 different colleges across Tamil Nadu. Four staff members from our college attended the workshop.



Inaugural Programme – Dr. Solomon Sathishkumar, Principal, CMCH, Vellore delivering the inaugural address

The workshop started with worship on 08.09.22 followed by inaugural programme. Dr. Daniel Ezhilarasu, Regional Coordinator, India, NICHE welcomed the gathering. Dr. Solomon Sathishkumar, Principal, CMCH, Vellore gave the inaugural address. Dr. A. Nelson Vimalanathan, Principal, Voorhees College and Dr. B.J. Prashantham, Director, CCC, Vellore gave felicitation. Dr. Prashantham took totally 10 sessions from 8th to 10th September 2022. He focused on the Christ Style Counselling, Counselling essential skills, Student adjustments and counselling; strengths-based approach, Suicide prevention, Bio-Psycho-Social-Spiritual Personal Balance. The workshop ended with the self-evaluation of learning and action plans.

Apart from the high quality sessions by the resource person, the networking and discussions with the participants during break time also helped me to gain more inputs which will definitely help me to apply some of those ideas back in our college. The 3-day workshop was well organized, and the hospitality we received at the workshop was commendable. It proved to be a most interesting and thought-provoking programme.

Recommendations

After attending this workshop, I come up with some recommendations and would like to present the same to the management for their kind consideration.

- Need to make our college "Counselling Cell" active.
- One staff member from each department can be added to the "Counselling Cell" as a member to take care of the needs of the students from their own departments.
- One full-time counsellor can be appointed for the college to help our students to get guidance on personal/psychological problems.



m. n. magadalenal

Dr. N. Nirmal Magadalenal
Assistant Professor
PG and Research Department of Zoology
Voorhees College
Vellore.

A. Nelson Vimalanathan
15/09/21

Dr. A. Nelson Vimalanathan
Principal i/c



PRINCIPAL IN-CHARGE
VOORHEES COLLEGE
VELLORE - 632 001.



VOORHEES COLLEGE

Vellore - 632 001, India.

PG & Research Department of Zoology

Dr. N. Nirmal Magadalenal

Assistant Professor

14.09.2022

To

The Bursar

Voorhees College

Vellore - 632 001.

Dear Sir,

Sub: Submission of bills-Workshop on Counselling-INCHE-reg.

Thank you very much for sanctioning Rs. 8,000/- (Rupees eight thousand only) towards the food, accommodation and travel expenses (for 4 staff members) to attend the Counselling Workshop organized by International Networking for Christian Higher Education during 8-10 September, 2022 at CMC, Bagayam, Vellore. I hereby furnish the bills for your kind reference.

S.No	Particulars	Amount (Rs)
1	Food (4 members)	4800.00
2	Accommodation (for Mrs. Thabitha)	1200.00
3	Travel (for 3 staff members) Dr. Kennedy - 700 Mr. Nirmal Prasanna - 650 Dr. N. Nirmal Magadalenal - 650	2000.00
	Total	8000.00

Thanking you.

Regards,

N. Nirmal Magadalenal

N. Nirmal Magadalenal

15/9/2022



VOORHEES COLLEGE, VELLORE

Accredited by NAAC with 'A' Grade
1/A, Officer's Line, VELLORE - 632 001

VOUCHER

Vr. No.

Date 14/9/2022

Received from the **Bursar, Voorhees College, Vellore**
by Cheque / Cash the sum of Rs. 650/-

(Rupees Six hundred and fifty Only

(Details) towards Travel expenses - Counselling Workshop

organised by INCHE. (8-09-2022 to 10-09-2022)

A/c. No. :

Ch. No. :

Date :

N. Anand
14/9/2022
Signature

(NIRMAL PRASANTH)



VOORHEES COLLEGE, VELLORE

Accredited by NAAC with 'A' Grade
1/A, Officer's Line, VELLORE - 632 001

VOUCHER

Vr. No.

Date 14/9/22

Received from the **Bursar, Voorhees College, Vellore**
by Cheque / Cash the sum of Rs. 650/-

(Rupees) Six hundred and fifty only

(Details) towards Travel expenses - Workshop on Counselling
organized by INCHE from 08.09.2022 to 10.09.2022

A/c. No. :

Ch. No. :

Date :

[Signature]
Signature

(NIRMAL MANADALA)



VOORHEES COLLEGE, VELLORE

Accredited by NAAC with 'A' Grade
1/A, Officer's Line, VELLORE - 632 001

VOUCHER

Vr. No.

Date 15/9/22

Received from the **Bursar, Voorhees College, Vellore**
by Cheque / Cash the sum of Rs. 700/-

(Rupees) Seven hundred only

(Details) towards Travel expenses - Workshop on Counselling
organized by INCHE from 08.09.22 to 10.09.2022

A/c. No. :

Ch. No. :

Date :

[Signature]
Signature

(K. KENNEDY)

CASH / CREDIT BILL

CHTC MESS

Ph : 2284433

Extn : 4433

Christian Medical College Campus,

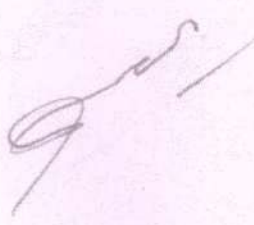
Bagayam Vellore - 632 002.

No. **5170**

8/9/2022

Name..... Ms. Nirmal Magdalenal

Address..... Vorhars College Vellore

Date	Particulars	Amount	
		Rs.	Ps.
	Food facilities for 3 days for 3 person.	3600	-
			
	Please pay this amount		

M. Vamsi

Date :

Signature

COMMUNITY HEALTH TRAINING CENTRE MESS

C.M.C. VELLORE - 632 002.

GENERAL RECEIPTNo. **10910**

Date : 8/9/2022

Received with thanks from..... Ms. Nirmal Magdalenal

Rupees..... Three thousand Six hundred only

towards..... Bill No. 5170

Rs. 3600/-

For Treasurer

M. Vamsi

CHTC MESS

Christian Medical College Campus,
Bagayam Vellore - 632 002.

No. 5173

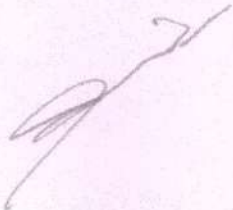
Mc. Tabitha

8/9/2022

Name _____

Address

Uonibees College Bellone

Address.....g		Amount	
Date	Particulars	Rs.	Ps.
	food facilities provided for 3 days.	1200	-
			
Please pay this amount			

Date :

Signature

COMMUNITY HEALTH TRAINING CENTRE MESS

C.M.C. VELLORE - 632 002.

GENERAL RECEIPT

No. 10915

Date : 8/9/2022

Received with thanks from Ms. Trabitha

Rupees One thousand two hundred only.

towards Bill no. 5173

Rs. 1200/-

For Treasurer
W. H. H. H. H.

CASH / CREDIT BILL

Ph : 2284295


CHTC GUEST HOUSEChristian Medical College Campus
VELLORE - 632 002.

No. 20357

Date 10/9/2022

Name Ms. Thabilha Selvarathan

Address 104

Date	Particulars	Amount Rs.
	Guest house facilities from 8/9/22pm - 10/9/22pm 2 days N. Ac @ 5	1200 /
	 Please pay this Amount	

H. Vamsi

Date :

Signature